



4th September 2026

Year 1 PE and Outdoor Adventurers - Autumn Term 2026

Dear Parent/Carer,

Please find below the PE and Outdoor Adventurers arrangements for your child's year group.

Each year group has two PE lessons per week throughout the year and a short block of Outdoor Adventurers sessions. Year 1 have their Outdoor Adventurer session this term. Outdoor Adventurer sessions replace the formal outdoor PE lesson for that week.

On PE/Outdoor Adventurers days, children need to come to school wearing their Merley PE kit. Please click [here](#) for the uniform policy.

- Merley First School PE t-shirt
- Plain PE jumpers and trousers/ leggings/ shorts in either black or navy blue
- Clothing with branded names or logos of any size are not permitted
- Suitable trainers
- Earrings should either be removed or covered with tape before the school day to avoid injury during the lesson
- Hair that is of shoulder length (girls or boys) should be tied up for school and PE

Please send Outdoor Adventurers clothing into school in a named bag. This should include: waterproofs and warm clothing.

Below is a calendar for the Autumn Term which indicates when your child has PE and when they have their Outdoor Adventurers sessions.

Please do not hesitate to contact the school if you have any further questions.

Kind regards,

Miss Jessop





OA = Outdoor Adventurers

September 2026

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8 1S & 1R Indoor PE	9	10	11 1S & 1R Outside PE
14	15 1S & 1R Indoor PE	16	17	18 1S & 1R Outside PE
21	22 1S & 1R Indoor PE	23 1R OA	24	25 1S Outside PE
28	29 1S & 1R Indoor PE	30 1R OA		

October 2026

Mon	Tue	Wed	Thu	Fri
			1	2 1S Outside PE
5	6 1S & 1R Indoor PE	7 1S OA	8	9 1R OA
12	13 1S & 1R Indoor PE	14 1S OA	15	16 1R OA



Mon	Tue	Wed	Thu	Fri
19	20 1S & 1R Indoor PE	21	22	23 1R Outside PE 1S OA
26	27 1S & 1R Indoor PE	28	29	30

November 2026

Mon	Tue	Wed	Thu	Fri
2	3 1S & 1R Indoor PE	4	5	6 1R Outside PE 1S OA

All PE lessons will be on Tuesdays and Fridays for both classes from w/c 9th November for the rest of the academic year. Indoor PE sessions will be on Tuesdays and we will aim to be outside on Fridays.